

## Hospital Discharges – Southwark

Southwark Hospital Integrated Discharge (HID) teams have one of the lowest rates of delayed discharges in London and across the country.

The table below indicates the achievements of Southwark HID in comparisons to other London Boroughs. Southwark LA has been below both Lambeth and London levels in every month of 2015/16.

Month	Lambeth		Southwark		London Average	
	NHS	Social Care	NHS	Social Care	NHS	Social Care
April 2015	242	140	313	35	269	152
May 2015	169	207	308	75	249	157
June 2015	347	155	321	135	236	162
July 2015	331	173	251	102	263	159
August 2015	199	104	155	99	239	149
September 2015	329	96	265	93	263	162
October 2015	505	87	181	86	284	191
November 2015	341	88	177	44	250	162

HID Teams operate a 7 day a week service to enable safe discharge of patients at weekends. The HID teams liaise with the wards to identify and resolve issues which are likely to cause a delay in discharge. The team ensure that the right level of support is offered in a way which maximises the person's strengths and abilities. The team also work in partnership with health professionals to ascertain the long term needs of patients in advance of their discharge.

The team work with Care Brokers to locate appropriate residential placements for patients who require a higher level of support. The HID Team have commissioned two 'step down flat's which are used to provide interim period of rehabilitation outside of the confines of a hospital or care home. This has provided a period of additional support to patients who are medically fit to leave hospital but need a period of more intensive support that can not be facilitated in their own home. These temporary placements have on average saved approximately 5 to 10 bed days per person.

The majority of Delayed discharges are the result of difficulties in locating nursing home placements due to a national shortage of nursing home provision.

